Medical Detox at ThriveNow

What You Should Know

Taking the first step toward recovery can come with a lot of questions. At ThriveNow Recovery Centers, we're here to help you understand your options and feel more prepared for treatment.

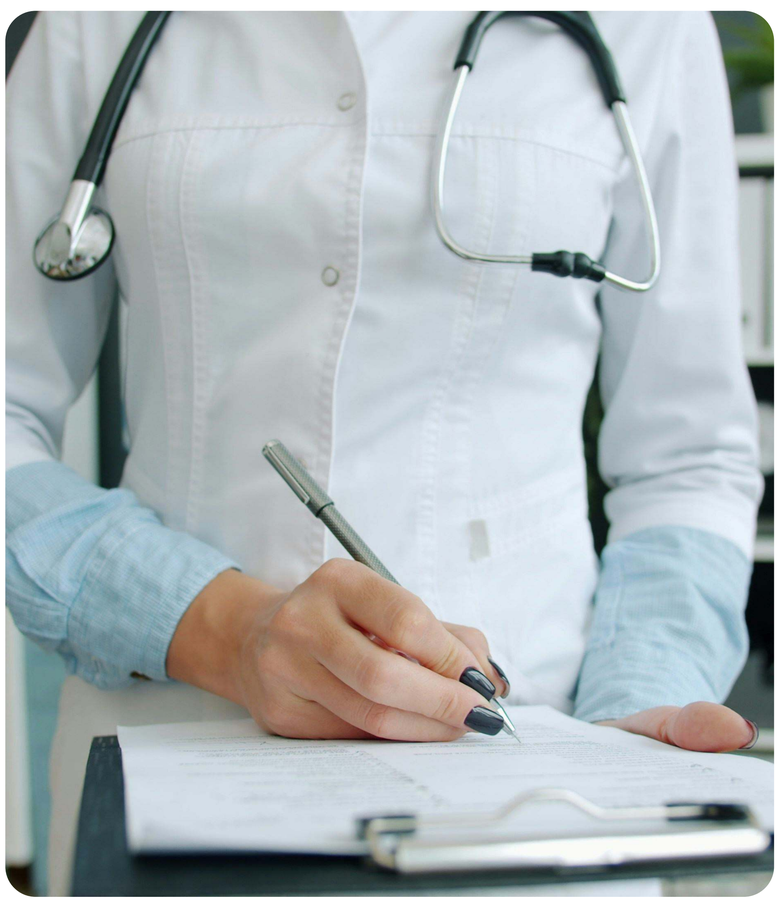
What Is Medical Detox Stabilization?

Medical detox stabilization is a short-term process designed to help individuals manage withdrawal symptoms when stopping drug or alcohol use. At ThriveNow, our goal is to make the detox process as comfortable as possible while addressing both physical and mental health needs.

Medication Options at ThriveNow

ThriveNow offers the following medications as part of its treatment services, depending on individual clinical needs:

Suboxone (buprenorphine/naloxone):
Helps manage opioid withdrawal symptoms and cravings.
Sublocade (extended-release buprenorphine):
Supports ongoing treatment for opioid use disorder.
Narcan (naloxone):
Reverses opioid overdose in an emergency.
Vivitrol (extended-release naltrexone):
Used to treat alcohol use disorder and help prevent relapse to opioid dependence after detoxification.



Not every medication is appropriate for every individual. Medication selection depends on clinical evaluation.

thrive now RECOVERY CENTERS

ThriveNow Pleasant Hill
(515) 220-8344

ThriveNow Iowa City
(319) 224-5433

How ThriveNow Supports You

Withdrawal Management
Support managing withdrawal symptoms throughout the stabilization process.

Medication-Assisted Treatment (MAT)
When appropriate, medications may be incorporated into care to help manage cravings and support recovery.

Individual & Group Therapy
Access to therapeutic support that addresses emotional well-being and recovery.

Continued resources and support
A dedicated treatment team helps prepare individuals for the next stage of recovery, including residential treatment when appropriate.

Frequently Asked Questions

Can I stop using drugs or alcohol on my own?
Some types of withdrawal can be dangerous, particularly withdrawal from alcohol or benzodiazepines. It's important to speak with a healthcare professional before stopping these substances abruptly.

Does everyone need medical detox before treatment?
No. Medical detox may be recommended for individuals experiencing physical dependence or withdrawal risks, but not everyone entering treatment requires it.

How long does medical detox take?
The length of detox varies depending on the substance used, withdrawal symptoms, and individual health needs.

What happens after detox?
Once individuals complete the necessary steps for their level of care and are ready, they may transition into ThriveNow's short-term residential treatment community. Residential programming focuses on therapy, life skills, and continued recovery.

Ready to Take the First Step?

You don't have to have everything figured out before asking for help. ThriveNow Recovery Centers is here to help you understand your treatment options and what comes next.

Contact ThriveNow Recovery Centers to learn more about medical detox stabilization.

515-824-5154

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